

Strained Relations: Help for Struggling Parents of Troubled Teens

Marcia Stein, PHR

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WJT Bashamer Publishing

Language:

English

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Endorsements

Julia Alloggiamento,

Deputy District Attorney, Santa Clara, CA

You really captured the heart of what so many parents are going through, but have a hard time discussing. I know your book will be a comfort to those parents struggling with their teens—both as a realization that they are not alone and as a resource for guidance and help. I hope that parents can find the strength to not give up on their children . . . or themselves. Thank you for bringing this important issue into the limelight.

Dr. Katherine Sutherland

What an important topic! I was looking through your book yesterday and had it sitting on my desk. One of my patients was a distraught mother in tears whose 17 year old is making her life miserable. I couldn't resist passing it on to her with a promise to get it back so I could finish it.

Anne Joseph

I found the book useful for parents going through difficult times raising their teenage children. It is nice to know that you are not alone and there are several helpful resources listed in the book. Marcia Stein did a good job pulling together information, making it easier for parents find the right resource for their particular situation.

Help for Troubled Teens, wrote on my blog

Very informative books for parents of teenagers having a difficult time . . . Lots of resources to utilize as an effective tool for parenting those teens.

Micah, via email

I would like to purchase a few copies for my classroom. I read the first three chapters last night and I certainly learned a lot in the first chapter that I never knew before. I think there is such a need for this type of book and I'm so glad you took it on as part of your journey.

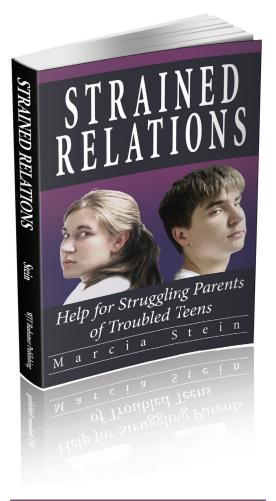
Polly Liss, Editor

I think you have an extraordinary book. From examples of failures to successes and experience and advice from those professionals who deal with parent and teen problems on a

(continued on back)

For a review copy or interview request, contact: Marcia Stein 408-203-9112 • mstein@ourhrsite.com





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daily basis, you are providing an excellent resource for parents who need direction for help. In addition the resources mentioned in the Appendix have so much of value pulled together.

Cynthia, wrote on my blog

I spent an hour last night reading it. Some of the stories brought tears to my eyes and sounded so familiar. What a wonderful book.

Alicia, via email

This book arrived at exactly the right moment. I just sent my son to a wilderness school and feel horrible, hopeful, relieved, anxious and every other emotion. Reading those stories, it reminds me that I really am not the only parent feeling this way and worrying about a son. Hearing from the different professionals gave me some insights into the kinds of services the rest of the family can use to get through this time and avoid the same thing with our daughter. I also really liked the resources you provided—they're helpful but not overwhelming. I can't thank you enough.

Herb Deitz

I felt that book was very well written and highly insightful. The stories were very interesting and told in detail the challenges and difficulties of dealing with children of all ages. It could serve as a very good handbook of what parents can face with children both from a young age as well as once they are 18 and over. The book is superb and pointing out the numerous issues that can impact children and it is great in pointing out the issues and situations that parents encounter with these type of individuals. I felt the author showed a great deal of her experience in writing about these situations from her direct experience in dealing with her own troubled child. I would highly recommend this book for both parents and soon-to-be parents. I felt it was a very accurate overview of just what can occur with children, even when the parents have the best intentions.

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